

## Home Affairs Gender Marker Applications: Sample Medical and Psychologist/Social Worker Letters

For a step-by-step guide on how to change gender markers (and names) on Identity Documents, please see the [Legal Gender Recognition Guide](#) by Legal Resources Centre and/or the [Be True 2 Me Guideline: Legal Gender Marker and Forename Change](#).

The legal requirements for gender marker change differ for (A) transgender and (B) intersex applicants. This also mean transgender and intersex applicants require different kinds of letters when they apply for gender marker changes on their IDs.

This document provides the sample letters for easy access, firstly for transgender applicants, and secondly for intersex applicants:

### A. Transgender Applicants

**Transgender applicants** need two similar letters from two different medical practitioners confirming that they have had gender affirming healthcare for the purpose of gender transition. The second letter only needs to confirm what the first letter said.

#### Transgender Sample Letter to Home Affairs for Gender Marker Change

[On the Letterhead of the Medical Practitioner]

TO: THE DEPARTMENT OF HOME AFFAIRS

**CLINICAL REPORT ON JANE DOE (CURRENT NAME ON ID IS JOHN DOE) ID NUMBER 880808 8888 088**

This report confirms that Jane Doe has been a patient of mine since 2022. She commenced feminising hormone therapy in 2023 for gender transition to the gender of female, and now presents as female.

This letter further confirms for the purpose of the Alteration of Sex Description and Sex Status Act 49 of 2003 that Jane Doe qualifies for alteration of her gender on her identity document to female as provided for in the Act.

Please do not hesitate to contact me at email@email.com if you have any further questions relating to this report.

Yours faithfully,  
[Medical practitioner's signature]

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## B. Intersex Applicants

**Intersex applicants** need (1) a medical letter confirming they are intersex, and (2) a social worker/psychologist letter confirming they have been living for two years in the gender under which they want to be registered.

### 1. Intersex Medical Sample Letter to Home Affairs for Gender Marker Change

[On the Letterhead of the Medical Practitioner]

TO: THE DEPARTMENT OF HOME AFFAIRS

#### **CLINICAL REPORT ON JANUARY FEBRUARY ID NUMBER 880808 8888 088**

This report confirms that January February has been a patient of mine since 2022. I have physically examined January February, and confirm that she is an intersex woman.

This letter further confirms for the purpose of the Alteration of Sex Description and Sex Status Act 49 of 2003 that January February qualifies for alteration of her gender on her identity document to female as provided for in the Act.

Please do not hesitate to contact me at [email@email.com](mailto:email@email.com) if you have any further questions relating to this report.

Yours faithfully,  
[Medical practitioner's signature]

### 2. Intersex Psychologist/Social Worker Sample Letter to Home Affairs for Gender Marker Change

[On the Letterhead of the Psychologist/Social Worker]

TO: THE DEPARTMENT OF HOME AFFAIRS

#### **CLINICAL REPORT ON JANUARY FEBRUARY ID NUMBER 880808 8888 088**

This report confirms that January February has been a patient/client of mine since 2022. I confirm that January February identifies as a woman and has lived as a woman continuously for the past two years.

This letter further confirms for the purpose of the Alteration of Sex Description and Sex Status Act 49 of 2003 that January February qualifies for alteration of her gender on her identity document to female as provided for in the Act.

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Please do not hesitate to contact me at [email@email.com](mailto:email@email.com) if you have any further questions relating to this report.

[Social Worker/Psychologist's signature]

## References

**Letters adapted from the following sources, where you can find alternative formulations:**

Be True 2 Me. [Be True 2 Me Guideline: Legal Gender Marker and Forename Change](#). Version revised 24 February 2023.

Legal Resources Centre. (2020). [Legal Gender Recognition: A step-by-step guide to applying to alter gender markers and forenames in terms of South African law](#).

## South Africa's Gender Recognition Law

Alteration of Sex Description and Sex Status Act 49 of 2003.

[https://www.gov.za/sites/default/files/gcis\\_document/201409/a49-03.pdf](https://www.gov.za/sites/default/files/gcis_document/201409/a49-03.pdf)

Document version: 28 July 2023